



OptiLight

# IPL Post-treatment

INSTRUCTIONS

## Immediately after treatment:

You may notice some slight redness on your eyes, eyelids, and face. This may last anywhere from several hours to three days. It is normal and will fade.

Pigmented areas on the skin may initially appear darker. Superficial pigment may darken - but will dry and slough off within seven to ten days.

Deeper pigments will darken, but will slowly fade as the body absorbs the remnants of the damaged pigment.

It is important  
that you follow  
these instructions  
in order to ensure  
optimal results  
from all your  
IPL treatments.

- **Apply sunscreen every day** (30 SPF or greater).
- **If the treated area is red or irritated** after treatment, you may apply an ice pack or cold compress.
- In caring for the treated area, **use only gentle cleansers and lotions** until healing is complete. **Avoid perfumes and products with alcohol or acid.**
- **If a blister develops**, notify the office immediately for directions on how to safely manage this.  
***Do not pick the blister or scab.***

*If any questions, concerns, or issues arise, please call our office at 978.276.1111*



CENTER  
EYE CARE

162 Park Street, Suite 201 | North Reading, MA 01864 | 978.276.1111

**Our Providers:** Dr. Jonathon Jimmerson, O.D. | Dr. Suzanne Ward, O.D.