

IPL Pre-treatment

— PATIENT GUIDELINES —

The primary reason for your treatment is to improve dry eye signs and symptoms.

IPL has also been shown to reduce the appearance of red and brown spots on the skin due to rosacea, sun damage, and age spots, etc. The intention of your treatment is to alleviate the symptoms of dry eye - due to disease, ocular surface disease, or meibomian gland dysfunction.

- Before treatment:**
- **Do not take** isotretinoin (Accutane) for 1 month before treatment.
 - **If you are tanned or have been tanning**, please reschedule your appointment with the advice and direction of your doctor.
 - **If you have a history of cold sores**, take your prescribed medications (Valtrex, Famvir, Zovirax) on the day before, day of, and the day after treatment. *Let our doctors know prior to arrival.*

- Day of treatment:**
- **Do not apply makeup or lotions** on your face the day of treatment, or be prepared to remove them completely at our office.
 - **Inform our staff before** each appointment if you **(1) are taking new medications** or **(2) have tattoos or beauty marks** you do not want to be altered.

- During treatment:**
- Inform the staff immediately **if the area being treated feels "too hot."**

